

December 31, 2021

Dear Catholic Academy of Bridgeport Families,

We hope that this note finds you and your family in good health and filled with the blessings of Christmas. In light of recent developments with the Omicron variant of COVID-19 and based on updated guidance from the CDC, the Catholic Academy of Bridgeport is modifying quarantine and isolation protocols based on exposure to and infection with COVID-19.

Individuals who are unvaccinated or not yet fully vaccinated will quarantine for 5 days after exposure to COVID-19. In a school setting, exposure occurs when an individual comes into contact with an infected person for 15 minutes or more and is within 3 feet. Those who are determined to have been exposed will be sent home and instructed to observe this 5-day quarantine. If the child is symptom-free, they may return to school at the conclusion of the 5-day quarantine.

Children that are fully vaccinated (which means two weeks after the second dose of their two-dose vaccination series) do NOT need to quarantine after an exposure to COVID-19 in school. Parents should monitor for symptoms and, if symptoms occur, get tested. Children awaiting test results after the development of symptoms should not return to school until they receive a negative test result.

Regardless of vaccination status, children that test positive must observe a 5-day isolation period. After their 5-day isolation period, they can return to school if asymptomatic or if symptoms are resolving. Those who have tested positive should continue to wear a mask around others for an additional five days.

Below, please find the direct link to the CDC guidance as well as a chart outlining the above information.

Please know that we continue to do everything possible to keep your children safe and participating in in-person learning. We thank you for everything you do to protect the health and safety of our entire school community.

Blessings,

St. Andrew, St. Ann, St. Augustine & St. Raphael Academies

For more information, please see the CDC statement here:

<https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html>

If You Test Positive for COVID-19 (Isolate)

Everyone, regardless of vaccination status.

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

If you have a fever, continue to stay home until your fever resolves.

If You Were Exposed to Someone with COVID-19 (Quarantine)

If you:

Have been boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

Completed the primary series of J&J vaccine within the last 2 months

- Wear a mask around others for 10 days.
- Test on day 5, if possible.

If you develop symptoms get a test and stay home.

If you:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5 if possible.

If you develop symptoms get a test and stay home